



# LOMAX CORPORATE

## **FIRST SIGNATURE CLASS FREE - REDUCED CORPORATE RATE**

Whether you're interested in Personal Training, classes or a combination of both, Lomax provide the fastest and most effective way to achieve your health, fitness and aesthetic goals on a pay-as-you-go basis, with no monthly membership or sign-up fees.

Lomax features fully equipped fitness pods from which we run PT, Small Group PT, Duo PT and group classes, delivering efficient, strength-based workouts to support and complement the rest of your exercise program. Our method of training is focused and results-driven, designed to get looking and feeling you best by some of the best Personal Trainers in the industry.

Both PT and classes are available to book via our Lomax app, making it easier than ever to schedule a workout and keep up-to-date with availability, offers and events.

If you're interested in hearing more about our bespoke corporate offering and how we can work for you and/or your business, get in touch.



# PERSONAL TRAINING & GROUP CLASS PRICES

## CORPORATE PERSONAL TRAINING PRICES

Fitness MOT*	<b>£25</b>
Beginner Block of 4	<b>£200</b>
PAYG	<b>£55</b>
Duo PAYG	<b>£30pp</b>
Block of 4	<b>£220.00</b>
Block of 8	<b>£440.00</b>
Block of 12	<b>£660.00</b>

\*New customers only

## CORPORATE CLASS PRICES

Trial Signature Class*	<b>FREE</b>
PAYG Signature Class*	<b>£10.00</b>
Block of 10 Signature Classes*	<b>£100.00</b>
PAYG Small Group PT Class	<b>£25.00</b>
Block of 10 SGPT Classes	<b>£200.00</b>

\*Lomax Signature Classes: Blast, Cycle Blast, Lomax Booty, Lomax Box

*More information and prices upon request. Services are available on a pay-as-you-go basis with no monthly membership or joining fees.*

**CITY:** Cocoon Networks London, Lower Ground Floor, 4 Christopher Street, London EC2A 2BS

**CHELSEA:** 293 Fulham Road, London SW10 9PZ

**T:** 020 3055 0970

**E:** cocoon@lomaxpt.com

**W:** www.lomaxpt.com/cocoon