

Award winning Healthy Lifestyle Bakery  
based on Mediterranean cooking  
& specialising in free from and low-in options

# SPECIAL ORDER MENU

ARAPINA

Distinct Baking

8 Little Thames Walk, SE8 3FB  
Tel: 02084691764

[www.arapina.co.uk](http://www.arapina.co.uk)

Instagram: [arapina\\_bakery](#)  
Facebook: [arapinabakery](#)  
Twitter: [arapina\\_bakery](#)

## BREAKFAST

### ON THE GO

Any vegan pastry, gluten free granola with yogurt & orange juice £8.95

### MINI ROLLS

Vegan mushroom rolls	12   24	£15.50   £25.00
Vegan courgette rolls	12   24	£15.50   £25.00
Smoked salmon rolls	12   24	£26.00   £47.50
Egg & bacon sandwiches	12   24	£25.00   £45.00
Chocolate & tahini brioche	12	£25.00
Cinnamon brioche	12	£25.00
Mix	24	£45.00

### MINI VEGAN PASTRIES

Croissants	12	£19.50
Pain au chocolate	12	£19.50
Pain au raisin	12	£19.50
Almond croissants	12	£22.50
Mix	24	£35.00

### BROWNIE BOX

Chocolate (gf, wf)	12	£29.50
Sour cherries (gf, wf)	12	£32.50
Salted caramel (v, gf, wf, sf)	12	£32.50
Triple chocolate (v, gf, wf, sf)	12	£32.50
Mix	24	£59.50

### VEGAN CAKE BOX

Marble swirl	12	£25.00
Letitia crumble	12	£25.00
Maria	12	£25.00
Chiara	12	£25.00
Mix	24	£45.00

### GLUTEN FREE MUFFINS

Lida	12	£27.50
Letitia	12	£27.50
Mix	24	£50.00

Gluten free mini amaretto cookies 12 | 24 £12.00 | £22.50

### VEGAN MINI COOKIES

Vanilla & chocolate chips	12	£12.00
Double chocolate	12	£12.00
Salted caramel	12	£12.00
Mix	24	£15.00

## LUNCH

### MINI ROLLS

Vegan mushroom rolls	12   24	£15.50   £25.00
Vegan courgette rolls	12   24	£15.50   £25.00
Smoked salmon rolls	12   24	£26.00   £47.50
Egg & bacon sandwiches	12   24	£25.00   £45.00

### MINI VEGAN SANDWICHES

Roasted vegetables & olive tapenade	12	£25.00
Sunkissed tomatoes, walnuts, avocado	12	£30.00
Mix	24	£50.00

### MINI VEGETARIAN SANDWICHES

Tomato, mozzarella, pesto	12	£25.00
Triple Veggie (avocado, egg, tomato)	12	£30.00
Mix	24	£50.00

### MINI MEATY SANDWICHES

Blt	12	£25.00
Chicken avocado & may	12	£30.00
Mix	24	£50.00

### MINI SAMOSAS

Vegan spiced aubergine	12	£28.00
Feta & olives	12	£30.00
Chicken & mushroom	12	£30.00
Mix	18	£40.00

### MINI QUICHES

Spinach, feta & pine nuts	12	£30.00
Roasted vegetables & goat's cheese	12	£30.00
Salmon & broccoli	12	£35.00
Mix	18	£45.00

### SALADS (serves 6)

Greek		£39.50
Cretan		£45.00
Arapina		£45.00
Vegan potato & quinoa		£47.50

## AFTERNOON

### BROWNIE BOX

Chocolate (gf, wf)	12	£29.50
Sour cherries (gf, wf)	12	£32.50
Salted caramel (v, gf, wf, sf)	12	£32.50
Triple chocolate (v, gf, wf, sf)	12	£32.50
Mix	24	£59.50

### VEGAN CAKE BOX

Marble swirl	12	£25.00
Letitia crumble	12	£25.00
Maria	12	£25.00
Chiara	12	£25.00
Mix	24	£45.00

### GLUTEN FREE MUFFINS

Lida	12	£27.50
Letitia	12	£27.50
Mix	24	£50.00

Gluten free mini amaretto cookies	12   24	£12.00   £22.50
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### VEGAN MINI COOKIES

Vanilla & chocolate chips	12	£12.00
Double chocolate	12	£12.00
Salted caramel	12	£12.00
Mix	24	£15.00

### VEGAN, GLUTEN/WHEAT FREE & SUGAR FREE SLIM TARTS

Raspberry & pistachio	12	£57.50
Banoffee	12	£57.50
Vanilla & raspberry	12	£57.50
Mix	18	£79.50

### VEGAN & GLUTEN FREE MACAROONS

chocolate & raspberry, pistachio madness	12	£22.50
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### VEGAN, GLUTEN/WHEAT FREE & SUGAR FREE SCONES BOX

*Served with coconut cream and our award winning jam*

plain   raspberry   blueberry	6   12	£16.50   £29.50
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Fruit salad bowls (honey optional)	6	£19.00
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## EVENING - ideal for parties & events

### BROWNIE BOX

Chocolate (gf, wf)	12	£29.50
Sour cherries (gf, wf)	12	£32.50
Salted caramel (v, gf, wf, sf)	12	£32.50
Triple chocolate (v, gf, wf, sf)	12	£32.50
Mix	24	£59.50

### GLUTEN FREE MUFFINS

Lida	12	£27.50
Letitia	12	£27.50
Mix	24	£50.00

Gluten free mini amaretto cookies	12   24	£12.00   £22.50
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### VEGAN MINI COOKIES

Vanilla & chocolate chips	12	£12.00
Double chocolate	12	£12.00
Salted caramel	12	£12.00
Mix	24	£15.00

### VEGAN & GLUTEN FREE MACAROONS

chocolate & raspberry, pistachio madness	12	£22.50
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### CANAPES

Mini quiches mini samosas pie bites bruscettas	36	£45.00
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## SUNDAY PICNIC

2 sandwiches 2 regular salad boxes 2 cakes 2 beverages		£19.50
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V: Vegan VE: Vegetarian GF: Gluten free WF: Wheat free DF: Dairy free  
SF: Sugar free NF: Nut free

PLEASE ASK US FOR ANY DIETARY REQUIREMENTS YOU MAY HAVE  
AND WE WILL BE HAPPY TO ASSIST YOU.